

Registration processes

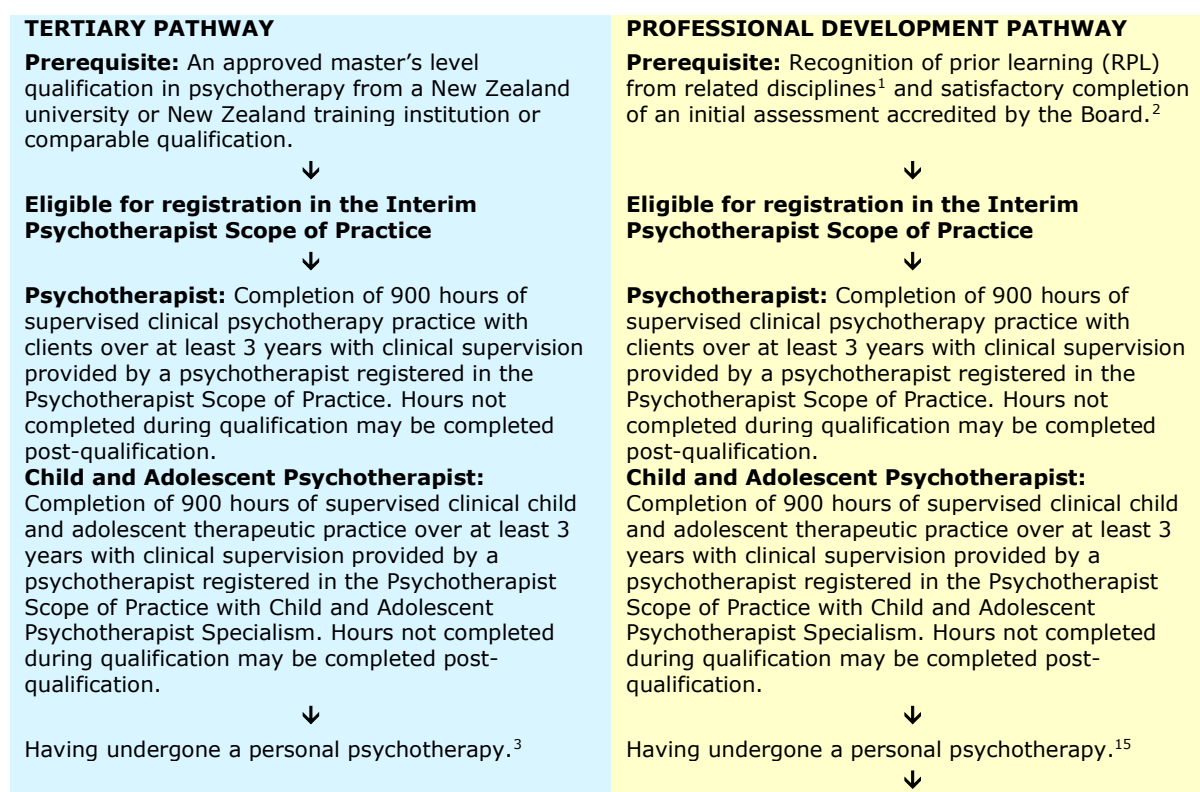
An applicant must meet the requirements of the current policy at the time their application is considered. All practitioners must adhere to the Board's psychotherapist supervision policy.

Grandparenting

The Board has yet to accredit New Zealand-based psychotherapy qualifications. Prior to accreditation taking place, the Board has agreed to grandparent practitioners undertaking Board-approved qualifications. The qualifications approved by the Board can be found on the Board's website and in the policy statement below.

Pathways to registration

The Board has developed two pathways to registration depicted in the flow chart below:

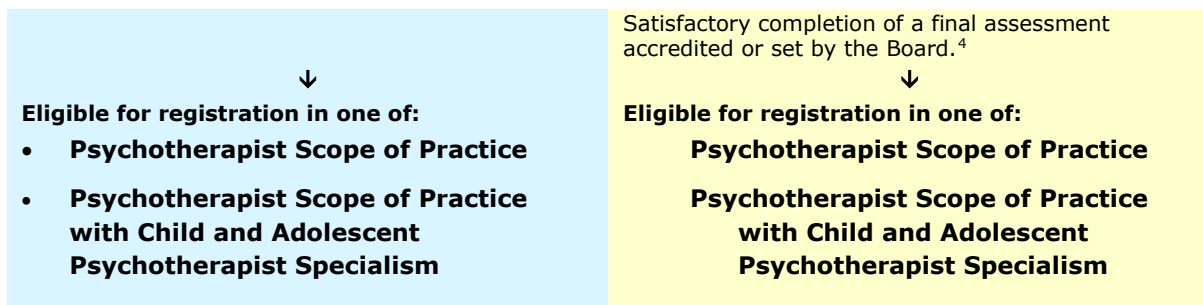


¹ This is an apprenticeship model that will always include experience or RPL from one of the following fields:

Entry points include undergraduate psychotherapy courses, psychology, counselling, general medicine, psychiatry, social mahi, mental health, nursing and professions with a counselling component along with other appropriate professional training or experience as approved by the Board. This is an apprenticeship model which will always include experience or RPL from one of the above fields.

² This assessment is for entry into the Professional Development Pathway. Individuals must be accepted to practise psychotherapy by an organisation approved by the Board which has requirements for training, assessment processes including a face-to-face interview, clinical supervision, personal therapy, and reference checks. Organisations which are currently accepted as meeting these requirements are NZAP, NZACAP, and ANZSJA.

³ Hour requirements can be completed during and following qualification.



Interim Psychotherapist Scope of Practice

Acceptance into the Interim Psychotherapist Scope of Practice must be for the purpose of achieving registration in either the Psychotherapist Scope of Practice or the Psychotherapist Scope of Practice with Child and Adolescent Psychotherapist Specialism. Practitioners can only remain in the Interim Psychotherapist Scope of Practice for 5 years.⁵

Applicants must have evidence of:

an approved master's level qualification in psychotherapy from a New Zealand university or a New Zealand training institution as listed below:

AUT Master of Health Science in Psychotherapy adult psychotherapy pathway

AUT Master of Psychotherapy adult psychotherapy pathway

AUT Master of Health Science in Psychotherapy child psychotherapy pathway

AUT Master of Psychotherapy child psychotherapy pathway

Certified Transactional Analyst (clinical or psychotherapy)

Accredited Jungian Analyst with ANZSJA and/or IAAP

Accredited Psychoanalyst with the International Psychoanalytical Association

Diploma in Psychosynthesis Psychotherapy

Diploma in Gestalt Psychotherapy

Psychodramatist certified by the Board of Examiners of the Australia New Zealand Psychodrama Association

New Zealand Institute of Psychoanalytic Psychotherapy – membership

ANZAP Diploma in Adult Psychotherapy

Certified Bioenergetic Therapist (CBT)

The Ashburn Clinic Psychotherapy Training Programme

or

have an approved comparable qualification as per the Board's Policy statement on Criteria Expected for Comparable Qualification⁶

or

⁴ It is expected that a final assessment will include a clinical case study, supervisor reports, and an oral assessment with a panel of psychotherapists/child and adolescent psychotherapists. Associations need to be accredited by the Board.

⁵ In extenuating circumstances formal extension requests will be considered.

⁶ Located on the Board's website under 'I Want to Register – Overseas Registration Enquiries'.

have satisfactorily completed an initial assessment accredited by the Board – organisations approved to carry out assessments are:

Australian and New Zealand Society of Jungian Analysts

New Zealand Association of Psychotherapists

New Zealand Association of Child and Adolescent Psychotherapists.

and

a statutory declaration (attested before a justice of the peace) that the psychotherapist has provided a minimum of 150 hours of supervised clinical psychotherapy practice or child and adolescent psychotherapy practice

and

may have yet to undergo or complete a personal psychotherapy

and

meet the registration requirements of the Board including those set out in the Health Practitioners Competence Assurance Act 2003 (HPCA ACT) section 16.

Psychotherapist Scope of Practice

Applicants must have evidence of:

an approved master's level qualification in psychotherapy from a New Zealand university or a New Zealand training institution as listed below:

AUT Master of Psychotherapy adult psychotherapy pathway

AUT Master of Health Science in Psychotherapy adult psychotherapy pathway

AUT Master of Psychotherapy child psychotherapy pathway

AUT Master of Health Science in Psychotherapy child psychotherapy pathway

Certified Transactional Analyst (clinical or psychotherapy)

Accredited Jungian Analyst with ANZSJA and/or IAAP

Accredited Psychoanalyst with the International Psychoanalytical Association

Diploma in Psychosynthesis Psychotherapy

Diploma in Gestalt Psychotherapy

Psychodramatist certified by the Board of Examiners of the Australia New Zealand Psychodrama Association

New Zealand Institute of Psychoanalytic Psychotherapy – membership

ANZAP Diploma in Adult Psychotherapy

Certified Bioenergetic Therapist (CBT)

The Ashburn Clinic Psychotherapy Training Programme

or

have an approved comparable qualification as per the Board's Policy statement on Criteria Expected for Comparable Qualification⁷

or

⁷ Located on the Board's website under 'I Want to Register – Overseas Registration Enquiries'.

have satisfactorily completed an initial and final assessment accredited by the Board – organisations approved to carry out assessments are:

Australian and New Zealand Society of Jungian Analysts

New Zealand Association of Psychotherapists⁸

New Zealand Association of Child and Adolescent Psychotherapists⁹

and

a certified statutory declaration¹⁰ that the psychotherapist has completed 900 hours of supervised clinical psychotherapy practice with clients over at least 3 years with clinical supervision provided by a psychotherapist registered in the Psychotherapist Scope of Practice – hours can be completed during and following qualification.

and

have undergone a personal psychotherapy

and

meet the registration requirements of the Board including those set out in HPCA ACT section 16.

Psychotherapist Scope of Practice with Child and Adolescent Psychotherapist Specialism

Applicants must have evidence of:

an approved masters level qualification in psychotherapy from a New Zealand university as listed below:

AUT Master of Health Science in Psychotherapy child psychotherapy pathway

AUT Master of Psychotherapy child psychotherapy pathway

or

have an approved comparable qualification as per the Board's Policy statement on Criteria Expected for Comparable Qualification¹¹

or

have satisfactorily completed an initial and final assessment accredited by the Board – organisations approved to carry out assessments are:

New Zealand Association of Child and Adolescent Psychotherapists

and

a certified statutory declaration¹² that the psychotherapist has completed 900 hours of supervised clinical child and adolescent therapeutic practice over at least 3 years with clinical supervision provided by a psychotherapist registered in the Psychotherapist Scope of Practice with Child and Adolescent Psychotherapist Specialism – hours can be completed during and following qualification

and

⁸ Provisional membership is equivalent to completing an initial assessment, Full membership is equivalent to completing a final assessment.

⁹ Graduate membership is equivalent to completing an initial assessment. Full membership is equivalent to completing a final assessment.

¹⁰ Located on the Board's website under 'forms'.

¹¹ Located on the Board's website under 'For Psychotherapists – Registration information'.

have undergone a personal psychotherapy

and

meet the registration requirements of the Board including those set out in HPCA ACT section 16.

<i>Approved by: The Board</i>	<i>Policy in effect from: June 2012</i>
<i>Previous review dates: 2014, November 2020</i>	<i>Date to be reviewed: November 2022</i>